

March 2025

News & Stories

Aging with Dignity in Easterseals NH's Adult Day Program



Bob, an Adult Day Program participant, engages in a card game.

Easterseals New Hampshire's Adult Day Program in Manchester and Rochester, NH, offers a welcoming community where older adults can gather for social engagement, physical exercise, planned activities,

and health services during the day. The program features a variety of active sports, creative opportunities, exercise classes, and brain-healthy activities, along with integrated medical care to help participants remain active, engaged, and safe as they age.

Bob, an Adult Day Program participant, was isolated at home due to his inability to drive, but our Adult Day Program helped him make friends and find a community. Bob's story is not unique—80 percent of participants have reported reduced feelings of loneliness through our community engagement opportunities.

Would you or a loved one benefit from our Adult Day Program? Openings are available, and a variety of payment options exist. To learn more, <u>visit our website</u>.

Learn More About Our Adult Day Program

Building a Bright Future at Our Military & Veterans Campus

Easterseals NH's Military & Veterans Campus in Franklin, NH, aims to provide a solution for service members, Veterans, and their families by offering affordable housing options, fostering stability for the military community.

The campus also features The Bernadine Herron Center, including a conference area for up to 150 people and retreat space with 22 hotel style rooms to rent, creating opportunities for businesses, organizations, and individuals to host gatherings, trainings, and events.

Construction is moving ahead as you can see in a **brief video here**.

We are now accepting waitlist applications for housing expected to open in Summer 2025. To learn more about the apartments available for military individuals and families or to apply, <u>visit our website</u>.



Construction progress is moving ahead for the Easterseals NH Military & Veterans Campus.

Watch Our Construction Video Update

Waitlist Applications for Housing

We are excited to share that registration is now open for the 2025 season of **Camp Sno-Mo**, our nationally recognized camping and recreation program for youth and adults with disabilities!

Katie, a first-time Sno-Mo camper in 2024, had a great time exploring the various activities with her one-on-one support counselor. From hiking and swimming to horseback riding and arts and crafts, she enjoyed every moment. "She had a true camping experience, which is so important," Katie's mother, Carrie, shared.

This year, we are offering seven weeks of camping for ages 11-21 and two weeks for adults ages 21 and up. Our team is looking forward to another funfilled summer of creating lifelong memories for our campers, just like we did for Katie!



Katie (I.) is embraced by a family member.

Click here to register for Camp Sno-Mo!

Join Us for Our First Inspiring Possibilities: ESNH Impact Session!

Join us for a 45-minute virtual presentation on April 22 to learn more about these critical services we provide to our friends, family and neighbors right here in New Hampshire. During the webinar, you'll hear from Kristen McGuigan, Easterseals NH's Senior Vice President of Early Childhood Services, along with other members of Easterseals NH's leadership team as they provide an overview of our Early Childhood Centers of Excellence (ECCEs) and answer any questions you may have about the program.

Our goal is that by the end of our presentation you will have a better understanding of how YOU can not only support, but also advocate for critical programs such as these.



Join us for a webinar to learn more about our Early Childhood Centers of Excellence (ECCEs).

Click here to register for the webinar

Go Over the Edge for Easterseals VT!

Registration for Easterseals VT's 2025 Over the Edge event is now open! Taking place Saturday, July 19th, participants raise \$1,000 to support Easterseals VT for the exciting opportunity to rappel one of the tallest buildings in the state, the North Barre Manor.

This year's goal is to raise \$50,000 to support children, at risk youth, foster youth, and adoptive families across Vermont.

Here are a few ways YOU can help:

- Make a monetary donation to our Over the Edge campaign
- Sign up to take fundraising to new heights
- Spread the word and share the link to our Over the Edge campaign with your friends and family



A 2024 participant goes over the edge for Vermont children and families.

Learn More About Over the Edge

Upcoming Events

Check out this list of exciting events that kick off our upcoming season! For more details, <u>visit our website</u>. Stay tuned for additional updates and event information throughout the season!

Veterans Count Make 12 Hours Count Radiothon | Wednesday, May 7

Veterans Count Seacoast Forge Financial & Guyton Group Golf Tournament | Monday, June 2

Eversource Walk & 5K Run | Thursday, June 5

Veterans Count Nashua Ride | Saturday, June 7

Peter Makris Memorial Run for Veterans Count | Saturday, June 14

Easterseals NH Military & Veterans Campus Ribbon Cutting | Thursday, September 18

Careers with Easterseals NH & VT

Do you know someone who is looking for meaningful work? Easterseals NH & VT is hiring for a range of positions supporting children, adults, seniors, and Veterans of all abilities.

Whether they are interested in roles in administration, teaching, clinical care, or direct support, we have an opportunity for them. By joining our team, your friend or family member will play a vital part in helping us create a future of inclusion, respect, and dignity for all of the individuals we serve.

Please share this opportunity! Explore our career openings by <u>visiting our website</u>.

Check Out Our Open Positions Today



Be Sure to Support Your Local Easterseals!

Look for New Hampshire in the logo and address!

Look for New Hampshire or Vermont in the logo and address!

Make sure to help your New Hampshire and Vermont neighbors by supporting your *local* Easterseals NH & VT and keeping your donations in your community.

Check the logo and address on any Easterseals mail you receive before responding to it to ensure it is from Easterseals New Hampshire at 555 Auburn Street, Manchester, NH, 03103, or Easterseals Vermont at 14 North Main Street, Suite 3004 Barre, VT 05641.

Easterseals branded materials sent from P.O. boxes are from Easterseals National, not your local chapter.



555 Auburn Street Manchester, NH 03103 eastersealsNH.org

Click to view Easterseals NH locations

Click to view Easterseals VT locations

We Want to Hear From You!

We've changing the way we deliver our emails to important supporters like **YOU**. In order for us to successfully share information with you, please <u>update your contact information</u>.

Update your contact info today!

Easterseals NH: Who We Are & What We Do

Easterseals New Hampshire elevates people of all abilities. Our 1,500 employees serve the diverse needs of approximately 17,000 children, adults, seniors, and veterans each year.

With a budget of \$119 million, we provided more than \$9.5 million in free and reduced-priced services throughout New Hampshire, and our programs cover areas like early intervention, autism, intellectual and developmental disabilities, adult day and in-home care, behavioral health, housing, and substance use disorders.

We help people in New Hampshire live their best lives.

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