

August 2025

### **News & Stories**

#### It's Almost Time!

We are excited to welcome you to the Easterseals NH Military & Veterans Campus Official Ribbon Cutting on Thursday, September 18, starting at 3:00 PM.

Join us rain or shine as we fire up the grill for an All-American cookout, enjoy live music, and welcome special guests for a one-of-a-kind celebration honoring those who serve.

Take a guided tour of our unique Military & Veterans Campus, mingle with community leaders and VIPs, and soak in the spirit of service and support that defines this first-of-its-kind space in New Hampshire. Registration is free, but required. Kindly register by Friday, September 12.

Click here to register:

https://militaryveteranscampusnh.org/events/ribbon-cutting/

We look forward to celebrating this meaningful milestone with you!



**RSVP Here By September 12** 

Easterseals NH Adult Day Manchester is transforming lives with immersive technology, thanks to a generous grant from the Pearl Manor Fund. Participants now enjoy virtual reality journeys through cherished memories and dream destinations using Rendever headsets. The program also features the Lucynt Interactive Projection system, offering over 150 engaging activities that support cognitive, physical, and social wellness.

These innovations help combat social isolation and spark meaningful connections among older adults, making every day more joyful and enriching.

Read more about this technology here.



**Continue Reading About This Technology** 

#### Our New School and Playground at Gammon Academy are Now Open!

Recently, we held a ribbon-cutting ceremony for our new school and Bernadine Herron Playground at Gammon Academy in Manchester, NH!

We welcomed community leaders, supporters, and partners to celebrate this purpose-built center of excellence for young learners of all abilities. Guests enjoyed light refreshments, remarks by those who helped bring the project to life, and guided tours led by our own staff and students.

Designed to meet the highest accessibility standards, the two-story school features large classrooms, wide hallways, therapy rooms, and sensory and family spaces. Each classroom includes TouchView interactive SmartBoards, and all of our students receive Chromebooks for handson, personalized learning. Our 9,500-square-foot ADA-accessible playground additionally offers a safe, inclusive outdoor space for play.

Read more about our new school and playground <u>here</u>.



**Read More Here** 



All-American County Fair September 5, 2025 5:00 PM - 9:00 PM Portsmouth

Enjoy an open bar along with classic county fair food, games, and entertainment- all while supporting our military community.



Veterans Count Nashua 5K September 14, 2025 9:00 PM - 11:00 AM Nashua

Come participate in the annual Nashua 5K to support New Hampshire Veterans.



Adult Day Open House & BBQ September 16, 2025 4:00 PM - 6:00 PM Manchester

Have a loved one that might benefit from socializing and movement throughout their day?

Join us for a joyful community gathering featuring live music, delicious food, and an opportunity to learn more about the great services our Adult Day Program can provide to someone you love.

Register <u>here</u>.

Register Here

Register here.

Register Here

Register here.

Register Here

## **Comprehensive Outpatient Behavioral Health Services Available in Manchester**

Located at 700 Lake Avenue in Manchester, NH, Veteran's Count offers Behavioral Health Services for service members, Veterans and their families and Farnum Center Clinicians provide treatment for substance use disorders in an outpatient setting. Our culturally competent clinical team is trained to provide trauma-informed care and is ready to assist you with one-on-one counseling sessions.

Those continuing their recovery journey or seeking mental health support for the first time can benefit from one-on-one counseling or group therapy sessions as well as our Intensive Outpatient Program (IOP). Walk-In hours to provide level of care assessments for substance use treatment are available every Tuesday.



With specialized groups for men, women and Veterans, care for co-occurring mental health and substance use disorders is available now. Connect with one of our Intake Specialists by calling the telephone numbers listed below or visiting our website. We will work with your insurance plan to help coordinate your care.

Veterans Count Clinical Services 603-315-4354 https://vetscount.org/clinical-services/

Farnum Center Outpatient Services 603-836-6754 <a href="https://farnumcenter.org/outpatient/">https://farnumcenter.org/outpatient/</a>

#### **Turn Your IRA into Impact**

Looking for a smart, tax-savvy way to give to Easterseals NH & VT? If you're 70½ or older, you can make a Qualified Charitable Distribution (QCD) — sending up to \$105,000 directly from your IRA to your favorite cause without affecting your taxable income. It's a powerful way to lower your tax burden while supporting Easterseals NH & VT. Imagine the impact you could make!

Learn more and get started here: Retirement

Assets — Qualified Charitable Distributions at
Easterseals NH



**Get Started Here** 

#### **Rappeling to Strengthen Vermont Families**

Easterseals VT held its annual Over the Edge event last month.

Community members, supporters, friends, and families of Easterseals VT gathered around the North Barre Manor, one of the tallest buildings in Vermont, to witness twenty-two rappelers bravely

descend the eleven-story building to benefit Vermont neighbors.

The event raised over \$30,000, all of which will directly provide financial assistance to address essential and urgent needs, strengthen Vermont families with children in state custody, support atrisk youth, and create opportunities for parents and children to heal and thrive in our local communities.

Read more about Over The Edge.



Read More About Over The Edge

#### **Save the Date: Our Biggest Celebration of the Year!**

It's that time of year again! Join us for our Annual Celebration breakfast event as we recognize the incredible work our organization has accomplished over the past year.

Date: Thursday, October 23

**Time:** 7:00 AM

Location: DoubleTree by Hilton Manchester

Downtown.

Let's come together to honor our achievements and look ahead to what's next.

Register here: <u>eastersealsnh.org/events/2025-</u>

annual-celebration/



**RSVP Here** 

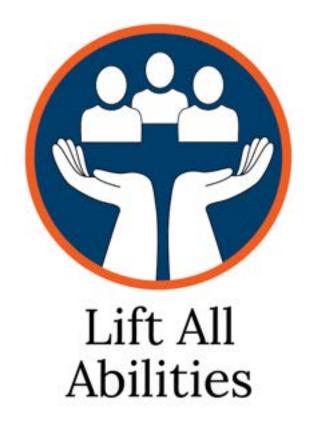
# Lift All Abilities: How In-Home Care & Health Services Supports Every Individual's Potential

At Easterseals NH & VT, our 12 Fundamentals guide how we support each other and serve our communities every day. One key principle, "Lift All Abilities," reminds us to honor the dignity of those we serve and help them reach their full potential.

Our In-Home Care & Health Services exemplify this commitment. Our compassionate staff provides personalized support—like light housekeeping, grocery shopping, and meal prep—helping individuals live independently and with dignity at home.

If you or a loved one could benefit from these services, we're here to help. Flexible payment options, including private insurance or Medicaid, are available.

Learn more at <a href="https://eastersealsnh.org/in-home-care-health-services.">https://eastersealsnh.org/in-home-care-health-services.</a>



**Learn More Here** 

### **Keep your donations LOCAL**

Helping your New Hampshire neighbors starts with keeping your donations local.

<u>By donating to Easterseals NH</u>, you directly support services in your community.

Before responding to Easterseals mail, confirm that it's from Easterseals NH at 555 Auburn Street, Manchester, NH, 03103—not from Easterseals National, which uses P.O. Boxes.

Look for "New Hampshire" in the logo and address to make sure you're giving locally!



555 Auburn Street Manchester, NH 03103 eastersealsNH.org

**Donate Locally** 









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